

# COVID SAFETY PROCEDURES



## STEPS FOR A HEALTHY STUDIO

Please read the following safety procedures in accordance to the guidelines laid out by the Government of New Brunswick during Covid-19.

### **FCSD INC. WILL BE DOING THE FOLLOWING EVERY DAY IN ORDER TO KEEP DANCERS AND STAFF SAFE:**

- Disinfect the dance studio multiple times a day with medical grade cleaning solution. This will include, doorknobs, ballet barres, all Pilates equipment, studio, entrance and bathroom floors and other surfaced touched by staff or dancers.
- When possible have the same group of dancers in the studio per two hr. blocks.
- Provide a hand sanitizer station.
- FCSD will have an infrared thermometer available for temperature check when needed.

## **SELF MONITORING**

Please take your or your dancer's temperature before coming to class and make sure you or your dancers are not presenting any of the following symptoms: fever above 38°C; a new cough or worsening chronic cough; ·sore throat; runny nose; ·headache; a new onset of fatigue; a new onset of muscle pain; diarrhea; loss of sense of taste or loss of sense of smell; and in children, purple markings on the fingers or toes.

Do not come or send your dancer to class if you or they are ill.

## **ADDITIONAL STEPS**

- Hand sanitizer will be available in the entrance and all dancers and parents must sanitize their hands before entering and leaving the dance studio.
- All dancers must wash their hands with soap and water after using the washroom. They must follow the 20 second washing rule.

## **MASKS**

Mask will be mandatory when entering the premises and are required when standing in the entrance and waiting room. Masks will be mandatory for parents of children ages 3 to 7 who choose to wait in the entrance during class. Parents of dancers ages 8 and up are not permitted to wait in the waiting room during class. Make sure masks are properly identified.