

Valley Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30 - 5:00 My First Dance Class (3 - 4 years) 10 week Session	4:30 - 5:15 Pre-Ballet (5-6 years)	4:30 - 5:15 Pre-Ballet (5 - 6 years)	4:30 - 5:30 Ballet Level 2 (9 - 10 years)	4:30 - 5:15 Pre-Contemporary/ Jazz (5 - 6 years)	9:30 - 10:00 Toddler Moves and Grooves (18 - 36 months)	
	4:30 - 5:15 Hip Hop Level 1 (7 - 8 years)	4:30 - 5:00 Creative Ballet (3 - 4 years)	4:30 - 5:00 Creative Ballet (3 - 4 years)			
5:00 - 6:00 Ballet Level 1 (7 - 8 years)	5:15 - 6:15 Contemporary 2 (9 - 10 years)	5:15 - 6:15 Ballet Level 3 (11 - 12 years)	5:30 - 6:30 Ballet Level 3 (11 - 12 years)	5:15 - 6:15 Jazz Level 1 (7 - 8 years)	10:00 - 10:30 Toddler Moves and Grooves (18 - 36 months)	
6:00 - 7:00 Contemporary 1 (7 - 8 years)	5:15 - 6:15 Level 3 & 4 Hip Hop (11 - 14 years)	5:00 - 6:00 Ballet Level 1 (7 - 8 years)	5:30 - 6:30 Jazz Level 2 (9 - 10 years)		10:15 - 10:45 Creative Ballet (3 - 4 years)	
6:15 - 7:15 Adult Beginner Contemporary	6:15 - 7:15 Hip Hop Level 2 (9 - 10 years)	6:15 - 6:45 Pre - Pointe (Dancers who are in Ballet level 3)	6:30 - 7:30 Contemporary 3 & 4 (11 - 14 years)	6:15 - 7:15 CASE (7 - 11 years)	10:30 - 11:15 Pre-Ballet (5 - 6 years)	
	7:00 - 7:45 Pilates	6:00 - 6:45 Tap Level 1 (7 - 8 years)	6:30 - 7:30 Adult Beginner Tap		10:45 - 11:30 Creative Movement (4 - 6 years)	
7:15 - 8:15 All Levels Adult Dance Improvisation	7:45 - 8:45 Adult and Teen (15 +) Contemporary Floor Work	7:00 - 8:00 Jazz Level 3 & 4 (11 - 14 years)	7:30 - 8:30 Ballet Level 4 (13 years +)	7:15 - 9:15 Salsa SJ	11:15 - 11:45 Creative Ballet (3 - 4 years)	
8:15 - 9:00 ZUMBA		6:45- 7:45 Tap Level 2 (9 - 10 years)	7:30 - 8:30 Adult Intermediate Tap		11:30 - 12:15 Pre-Contemporary/ Jazz (5 - 6 years)	
		8:00 - 9:30 Adult Advanced Contemporary	8:30 - 9:30 Advanced Contemporary/ Modern (15 years +)			
		7:30 - 8:30 Adult Beginner Ballet				

