

Quispamsis Schedule 2024 - 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30 - 5:30 Ballet Level 1 (7 - 8 years)	4:45 - 5:45 Hip Hop 1 & 2 (7 - 10 years)	4:30 - 5:30 Ballet Level 2 (Exam class) (9 - 10 years)	4:30 - 5:30 Ballet Level 1 (7 & 8 years)	5:15 - 6:00 Pre-Contemporary/ Jazz (5 & 6 years)	9:30 - 10:00 Toddler Moves and Grooves (18 - 36 months)	10:00 - 10:30 Toddler Moves and Grooves (18 - 36 months)
4:30 - 5:00 Creative Ballet (3 - 4 years)	5:00 - 5:45 Creative Movement (4 - 6 years)	4:30 - 5:00 Creative Ballet (3 & 4 years)	4:30 - 5:15 Pre-Ballet (5 & 6 years)	6:00 - 6:30 Pre - Tap (5 & 6 years)	9:45 - 10:15 Creative Ballet (3 & 4 years)	10:30 - 11:00 My First Dance Class (3 & 4 years)
5:30 - 6:30 Jazz Level 1 (7 & 8 years)	5:45 - 6:45 Hip Hop 3 & 4 (11 - 14 years)	5:30 - 6:30 Ballet Level 3 (Exam class) (11 - 12 years)	5:30 - 6:30 Jazz 3 & 4 (11 - 14 years years)	6:15 - 7:15 Acro Arts A (9 - 12 years)	10:00 - 10:30 Toddler Moves and Grooves (18 - 36 months)	
5:00 - 5:45 Pre-Ballet (5 & 6 years)	6:00 - 7:00 Jazz Level 2 (9 - 10 years)	5:00 - 5:45 Pre-Ballet (5 & 6 years)	5:30 - 6:30 Contemporary 1 & 2 (7 - 10 years)	6:30 - 7:15 Tap Level 1 (7 & 8 years)	10:15 - 11:00 Pre-Ballet (5 & 6 years)	
6:30 - 7:30 Musical Theatre 1& 2 (7 - 10 years)	6:45 - 7:45 Contemporary 3 & 4 (11 - 14 years)	6:30 - 7:00 Pre-Pointe/Beg.Pointe Dancers who are in ballet levels 3 & 4	6:30 - 7:30 Ballet Level 3 (11 - 12 years)	7:15 - 8:15 Acro Arts B (13 years +)	11:00 - 11:45 Creative Movement (4 - 6 years)	
6:00 - 7:00 CASE (7 - 10 years)		6:00 - 7:00 Adult Contemporary Improvisation	6:30 - 7:30 Ballet Level 2 (9 - 10 years)	7:15 - 8:15 Tap Level 2 & 3 (9 - 12 years)	10:30 - 11:15 Pre-Ballet (5 & 6 years)	1:00 - 2:00 Choreography Lab A (10 - 12 years)
7:30 - 9:00 Adult Adv. Contemporary	7:45 - 8:30 Pilates	7:00 - 8:00 Ballet Level 4 (13 years +)	7:30 - 8:30 Intro to Horton (11 years +)	8:15 - 9:00 Adult Bachata	11:15 - 11:45 Creative Ballet (3 & 4 years)	2:00 - 3:00 First City Ensemble (10 - 12 years)
7:00 - 8:00 Lyrical (13 years +)	8:30 - 9:30 Contemporary Floor Work (15 years +)	7:00 - 8:00 Adult Beginner Contemporary	7:30 - 8:30 Adult Beginner Salsa		11:45 - 12:15 Creative Ballet (3 & 4 years)	
		8:00 - 9:00 Adult Beginner Tap	8:30 - 9:30 Adult Intermediate Salsa			
		8:00 - 9:00 Adult Beginner/ Intermediate Ballet				